## The Keele STarT Back Screening Tool

Please click here if you wish to complete the online tool instead of the this form <a href="http://www.keele.ac.uk/sbst/onlinetool/">http://www.keele.ac.uk/sbst/onlinetool/</a>

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_

Thinking about the **last 2 weeks** tick your response to the following questions:

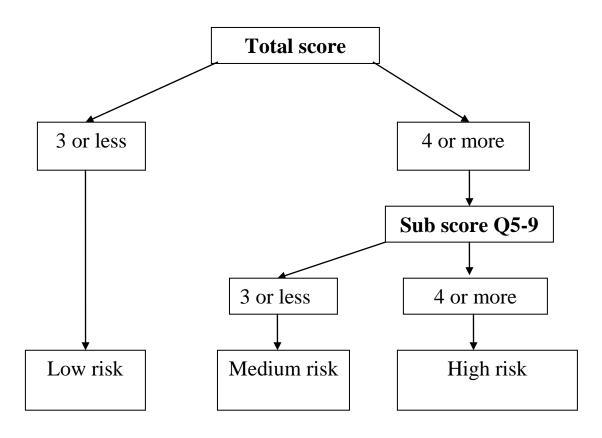
		Agree
1	My back pain has <b>spread down my leg(s)</b> at some time in the last 2 weeks	
2	I have had pain in the <b>shoulder</b> or <b>neck</b> at some time in the last 2 weeks	
3	I have only walked short distances because of my back pain	
4	In the last 2 weeks, I have <b>dressed more slowly</b> than usual because of back pain	
5	It's not really safe for a person with a condition like mine to be physically active	
6	Worrying thoughts have been going through my mind a lot of the time	
7	I feel that my back pain is terrible and it's never going to get any better	
8	In general I have not enjoyed all the things I used to enjoy	

9. Overall, how **bothersome** has your back pain been in the **last 2 weeks**?

Not at all	Slightly	Moderately	Very much	Extremely
0	0	0	1	1

 Total score (all 9):
 Sub Score (Q5-9):

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